

## **Oatmeal Cleanser**

½ cup warm water  
¼ cup oatmeal  
1 teaspoon honey

Place all ingredients in the blender; replace the blender lid. Blend on high speed until smooth and creamy. Place in an airtight container.

To use: Place a small amount in the palm of your hand and gently massage into your skin. Rinse well with tepid water and pat dry.

## **Chocolate Lip Gloss**

1½ teaspoons grated cocoa butter  
½ teaspoon coconut oil  
⅛ teaspoon vitamin E oil  
¼ teaspoon grated chocolate or 3 small chocolate chips

In a double boiler or microwave oven, heat the cocoa butter, coconut oil, and vitamin E oil gently until melted. Stir in the chocolate and keep stirring until melted and blended well. Pour into a small lip gloss container and allow to cool completely.

To use: Spread on lips with a clean fingertip or lip brush.

## **Colored Bath Salts**

1 cup Epsom salts  
¼ cup kosher salt  
Food coloring  
Essential oil

Mix together the Epsom salts and kosher salt. Add a few drops of your favorite color and stir well to blend. If you would like to scent your bath salts, add a few drops of the essential oil.

To use: When you are drawing a bath, add about ¼ cup of these bath salts under the running water.